

for David Carrier
Commissioned by Wellesley Congregational Church, Wellesley, Massachusetts
in celebration of its Bicentennial 1798 – 1998

Duration: approx. 3'

My Help Comes From The Lord (Psalm 121)

for Unison Treble Chorus (or Treble solo), Mixed Chorus & Keyboard

Psalm 121

James Woodman

Quietly cheerful (♩ = ♩ = c. 152 throughout) *mf*

Treble Chorus (or solo) *mf* My

6 help comes from the Lord, the mak - er of

11 heav - en, of heav - en and earth.

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M-051-47510-0

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Sopranos and Altos

16

mf *mp* *p*

I lift up my eyes to the hills; _____ from where, _____ from

Tenors and Basses

mf *mp* *p*

I lift up my eyes to the hills; _____ from where, _____

mp *p*

23

Treble(s) *slowing a little* *a tempo mf*

My help

f *slowing a little* *a tempo*

where _____ from where is my help to come? _____

p *f*

_____ from where, from where is my help to come? _____

slowing a little *a tempo*

29

Treble(s)

comes from the Lord, _____ the mak - er of heav - en, of heav - en and

35

Treble(s)

earth. _____

Tenors and Basses

smooth and sweet
mp

The Lord _____ will not let your foot be moved;

40

the Most High _____ watch-es o - ver you, and will not fall ³ a -

42

mf *cresc.*

sleep. Be-hold the Ho - ly One who keeps watch o - ver Is - ra -

mf *cresc.*